



Waterford Institute of Technology

INSTITIÚID TEICNEOLAÍOCHTA PHORT LÁIRGE



Tecnocampus

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Co-funded by the  
Erasmus+ Programme  
of the European Union



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Universitat  
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## **Student Stress Training E-Mobile Management (SSTeMM) Survey Informed Consent Form.** **PLEASE CONSIDER PARTICIPATING IN THE SURVEY**

### **General Information SSTeMM**

SSTeMM is funded by the European Union (EU) and aims to develop a program of support and education for student nurses to help them manage personal stress whilst on clinical placement and a program of educational support for qualified nurses who support student nurses during clinical placement.

### **SSTeMM participants**

The SSTeMM team are from three higher education institutions from Ireland, Spain and Slovenia; one international health care provider based in Ireland and a German company that specializes in finding solutions for issues in the workplace.

### **Relevance and usefulness of your participation in the SSTeMM Survey**

As part of our work to develop a program of support and education that meets the needs of student nurses and qualified nurses we are conducting a survey in Ireland, Spain and Slovenia of student nurses and qualified nurses.

Your participation in this survey will help us to better understand what the common stressors for student nurses whilst in clinical placement and what things they find supportive. Your opinion is very important to us. Your answers will help the SSTeMM team to ensure that the SSTeMM program of support and programs are focused on real the needs of student nurses and nurses. We can also see if the stressors experienced in Ireland, Slovenia and are similar or different. We can also use this data to develop country specific supports if needed.

### **Impact of my participation**

The SSTeMM team are governed by EU law as this relates to the General Data Protection Regulations (GDPR). The SSTeMM survey does not record your IP address nor use tracking cookies. As a result your participation is completely anonymous.

It is your choice whether or not to complete the survey. Please only complete the survey on one occasion. Once you have completed it you will get some individualised information about what helps you best manage stress based on your answers. This will be only be given to you and the SSTeMM team will not have access to this information. You will then be given the option to upload your anonymous survey to the SSTeMM server. Then your answers will be added to those of all the other people who completed the survey and agreed to share their answers.

The SSTeMM team will only analyse these answers collectively using statistical tests.

### **Usefulness of the results**

Overall findings will be used to better inform the programme of support and education. The overall findings from the survey will be presented in open access academic publications and on the SSTeMM website.

### **Time needed to complete the survey**

This survey will take approximately 20 minutes to complete.

### **Consent**

The information you provide will be anonymous. Participating in this study is completely voluntary and you can exit the survey at any time. Filling in the survey is an indication, on your part, that you feel fully informed about what your participation in the survey means. If you choose to share your data with the SSTeMM team you are indicating that you are happy for your data to be included in analysis and publication.

If you have any questions about this study, please feel free to contact the SSTeMM team at the email link [florian.scheibein@postgrad.wit.ie](mailto:florian.scheibein@postgrad.wit.ie)

If you agree to participate in this research study and are ready to complete the survey now: <http://sstemm.eu/survey/>

Thank you for taking the time to read this information leaflet and participation.